

Wanjiru Samuel

Nyandarua (KE), 10 November 1986

KENYA

PB 5000m: 13'23"85

PB Marathon: 02h 05'24"

PB Half Marathon: 01h 00'33"

PB 10000m: 26'41"75

RACE	DATE	PERFORMANCE	POSITION
Cross Country:			
Central Province Championships	05/02/2006	33'54"9	3
5000m:			
Hokuren Distance Meeting	10/06/2007	13'23"85	1
Marathon:			
London Marathon	13/04/2008	02h 05'24"	2
Fukuoka Marathon	02/12/2007	02h 06'39"	1
Half Marathon:			
Zayed Half Marathon	28/02/2008	01h 00'33"	1
Media Maraton de Granoller	03/02/2008	59'26"	1
Fortis City-Pier-City Loop Half Marathon	17/03/2007	58'35"	1
Rak Int. Half Marathon	09/02/2007	58'52"	1
Meia Maratona de Lisboa	26/03/2006	59'37"	3
Rotterdam Half Marathon	11/09/2005	59'16"	1
10000m:			
Memorial Van Damme	26/08/2005	26'41"75 Junior	3
Road Race:			
World Best 10K	26/02/2006	28'04"	3